

# Dynamic Stretching And Kicking By Bill Wallace

By Bill Wallace

Dynamic Stretching & Kicking; WALLACE, BILL (SUPERFOOT). Offered by Booksforcomfort.com  
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Böcker av Bill Wallace i Bokus bokhandel: Adam Gibson and Bill "Superfoot" Wallace present the system that made Wallace a martial arts legend. In "Competitive"  
[http://www.bokus.com/cgi-bin/product\\_search.cgi?authors=Bill%20Wallace](http://www.bokus.com/cgi-bin/product_search.cgi?authors=Bill%20Wallace)

Bill Wallace Dynamic Stretching and Kicking Publisher: Unique Publications; First Edition edition (November 1981) Language: English  
Pages: 190 ISBN: 978-0865680180  
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Aug 19, 2013 Sensei Bill is just AMAZING! Sensei Bill is just AMAZING!  
<http://www.youtube.com/watch?v=tG9zAM52kOI>

Bill "Superfoot" Wallace Dynamic Kicking & Stretching Known to the karate world simply as "Superfoot," Wallace left a string of battered and bruised bodies  
<http://www.blackbeltforums.com/threads/bill-superfoot-wallace-part-2.1165/>

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Chuck Norris, and Bill Wallace. explanation of basic kicking techniques; and Dynamic Stretching and Kicking by Bill Superfoot Wallace.  
<http://www.worldtangsoodo.com/masters/MasterProfile.php?searchfile=motm0304.htm>

Dynamic stretching and kicking by Bill Wallace, 1982, Unique Publications edition, in English  
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Bill Wallace is nicknamed Superfoot for good This book followed Dynamic stretching and kicking and was probably meant to be an extension of this

<http://www.wimsblog.com/2009/10/book-review-the-ultimate-kick-by-bill-superfoot-wallace/>

Book information and reviews for ISBN:0865680183,Dynamic Stretching And Kicking by Bill Wallace.

<http://www.openisbn.com/isbn/0865680183/>

Bill Wallace retired as the middleweight champion after defeating Bill Biggs in a 12 Karate: Basic Concepts & Skills, Dynamic Kicking & Stretching,

<http://www.imdb.com/name/nm0908539/bio>

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Bill Superfoot Wallace retired as the undefeated Professional Karate Association (PKA) Dynamic Kicking and Stretching, and The Ultimate Kick.

<http://superfoot.com/about>

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<http://www.wimsblog.com/2009/09/book-review-dynamic-stretching-and-kicking-by-bill-superfoot-wallace/>

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The Art of Stretching and Kicking by James Lew The stretching exercises put forth in this book are the result Dynamic Stretching & Kicking. by Bill Wallace.

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<http://www.worldcat.org/oclc/8409316/lists>

Learn about Bill 'Superfoot' Wallace. World Martial Arts traced back through the lineage of their founders. Dynamic Stretching and Kicking.

<http://www.malineage.com/martial-artists/Bill-Superfoot-Wallace>

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